

Saturated Fatg 0%. Calories Kcal%. each oz. Rockne's casual dining restaurants in Northeast Ohio serve up fresh, fun and food in a relaxed atmosphere. dietary filters & allergens. totalcal. grams mg kg. * Invalid Quantity. Cut Down on Added Sugars. Rockne's souvlaki salad. dietary filters Nutrition Facts. Your Food Diary Use the FatSecret food diary to track your diet. lb. USDA, Food and Nutrition Service, Center for Nutrition Policy and Promotion Nutrition Calculator. Rockne's size Half size Firestone® Chicken Sandwich A broiled breast of chicken served on a Rockne's casual dining restaurants in Northeast Ohio serve up fresh, fun and food in a relaxed atmosphere. Learn the good & bad for,+ Rockne's® dressing on a buttered grilled bun. Calories Calories from Fat % Daily Value. At this time we do not have enough information to include this restaurants nutrition information and Weight Watchers PointsPlus. Sodiumng 0%. Rockne's size Half size Grilled Reuben Savory hot corned beef piled high on rye & topped with Swiss cheese, sauerkraut and Rockne's® reuben dressing, then grilled just right. Allergen Guide. Rockne's Pub is a local family owned and operated buisness that has served the Akron community for overyears. There are thousands of foods and recipes in the FatSecret database to choose from, with detailed nutritional information including calories, fat and protein for each serving size Choose from an extensive menu of salads, sandwiches, burgers, Whether you're watching or counting, this handy nutrition calculator has you covered. If you would like Restaurant menu, map for Rockne's located in, Massillon OH, Lincoln Way West Personalized health review for User added: Rockne's Chicken Souvlaki Saladcalories, nutrition grade (N/A), problematic ingredients, and more. Total Fat g% Serving SizeSalad. Total Carbohydrateg 7% Find Calorie and Nutrition Information for rockne's. full nutrition info. Trans Fatg %. Reg Double. Find out how many calories are in our burritos, tacos, quesadillas and more? Total Fatg%. full nutrition info. Choose from an extensive menu of salads, sandwiches, burgers, soups, pasta and munchies at several locations including Kent, Fairlawn, Akron, Cuyahoga Falls and more Browse Rockne's Menu Prices and Specials. Find printable handouts and fact sheets that can be used for health fairs, classes, and other food or nutrition-related events Up to date Rockne's menu and prices, including breakfast, dinner, kid's meal and more. Amount per Serving My Daily Value. totalcal. Find your favorite food and enjoy your meal Rockne's Nutrition Information. Cholesterolmg 0%. Learn the good & bad for Personalized health review for User added: Rockne's Side Saladcalories, nutrition grade (N/A), problematic ingredients, and more. With over ten locations in the Northeast Ohio area, they are looking forward to serving you and your family! You can choose USDA, HHS. View printable brochures and handouts with healthy eating tips based on the Dietary Guidelines for Americans,, including: Build a Healthy Eating Routine. Check the Rockne's Restaurant Menu, Breakfast Prices and deals, coupons, and Rockne's Nutrition & Calories. MyPlate Print Materials.