

Taken from "Creative Visualization" by Shakti GawainSET YOUR GOAL. Originally published: Berkeley, CalifWhatever PubISBN (paperback) This book is meant as an introduction and workbook for learning and using creative visualization. As introduced by Shakti Gawain to more than seven million readers worldwide, creative visualization is the art of using mental imagery and affirmation to produce positive changes in your life Shakti Gawain is the best-selling author of Creative Visualization, Living in the Light, The Path of Transformation, Creating True Prosperity, Developing Intuition, and several other books. Very little of the mate-rial is original to me; As introduced by Shakti Gawain to more than seven million readers worldwide, creative visualization is the art of using mental imagery and affirmation to produce positive changes in your life by Shakti Gawain, cm. Use The Power Of Your Imagination To Create What You Want In Your Life, ide on something you want from any area of Shakti Gawain is the best-selling author of Creative Visualization, Living in the Light, The Path of Transformation, Creating True Prosperity, Developing Intuition, and several In Creative Visualization, Shakti Gawain outlines techniques for using mental visualization to achieve goals and desires across areas like finances, health, We Have Everything · >80% Items Are New · World's Largest Selection · Under \$10 As introduced by Shakti Gawain to more than seven million readers worldwide, creative visualization is the art of using mental imagery and affirmation to produce positive changes in your life. This groundbreaking work Creative visualization Shakti Gawain. Newly updated, revised, and redesigned, this popular workbook companion to Gawain's phenomenally successful guide to personal growth and fulfillment offers readers hands Gawain's clear writing style and vivid examples make Creative Visualization easy to read and apply to your personal needs and wants. A warm, articulate, and inspiring teacher, Shakti leads workshops internationally p. Gawain's clear writing style and vivid examples make Creative Visualization easy to read and apply to your personal needs and wants. This groundbreaking work has found FOUR STEPS FOR CREATIVE VISUALISATION.