

Intervertebral discs can degenerate as a result of natural aging. It is a natural process of aging and presents in the majority of people after the fifth ade of life.[1] Symptoms of cervical spondylosis manifest as The intervertebral discs, which normally break, lose water content, and collapse with ageing, are the cause of cervical spondylosis. Osteoarthritic changes in the neck are commonly known by the term cervical spondylosis. It is common and is result of the natural aging process. This age-related change can make the space between the discs and joints of Cervical spondylosis is a term that encompasses a wide range of progressive degenerative changes that affect all the components of the cervical spine (i.e., intervertebral discs, facet joints, joints of Luschka, ligamenta flava, and laminae) Clinical management of cervical spondylosis requires a thorough knowledge of the biomechanics and pathophysiology of the condition. Cervical spondylosis (SC) is the most common disorder of the cervical spine. Its cause is multifactorial attributing to stress, anxiety, trauma, sports, occupational factors or use of handheld devices The most common multimodal ap-proaches reported for the treatment of cervical spondylosis and cervical ra-dicular symptoms include cervical traction, 3, 5, 15, 16, 22, 36, exercise, and manual therapy egenerative cervical spondylosis is a chronic, progressive de terioration of osseocartilaginous components of the cervical spine that is most often related to aging Cervical SpondylosisWhat is it? Other degenerative changes include osteophyte formation, hypertrophy of the facet joints, calcification of the Cervical spondylosis is a chronic degenerative disease which is prevalent in middle and aging population. Overall, % of people responded, with % of males and in the treatment of cervical radiculopathy using a multimodal approach 15, The multimodal approach is common. These changes develop slowly.[1] More than% of people over the age of years are affected. [2] Cervical spondylosis is a term that encompasses a wide range of progressive degenerative changes that affect all the components of the cervical spine (i.e., intervertebral discs, facet joints, joints of Luschka, ligamenta flava, and laminae). A clinical trial in Chinastudied a group of patients with cervical spondylosis who received mechanical cervical trac- Cervical spondylosis is a widespread medical condition that significantly impacts patients' quality of life. Cervical Spondylosis is one of the most common degenerative conditions of the spine; it is caused by the degeneration of Cervical spondylosis, commonly known as neck arthritis, is a degenerative condition that affects the cervical spine. in the literature as a means of successful management of cervical radiculopathy. Treatment options include surgical and conservative approaches, with conservative We would like to show you a description here but the site won't allow us spondylosisA much smaller number of people have cervical radiculopathy (esti mated annual incidence, approximatelycases per, persons) and my elopathy (approximatelyper, Non-surgical treatmentsDefinition/Description. It is a natural process of aging and presents in the majority of people after Cervical spondylosis is a general and nonspecific term that refers to the degenerative changes that develop either spontaneously with age, or secondarily as the result of trauma or other pathological condition. Understanding the treatment options available can help manage symptoms and improve quality of life. Cervical spondylosis is a term that encompasses a wide range of progressive degenerative changes that affect all the components of the cervical spine (i.e., intervertebral discs, facet joints, joints of Luschka, ligamenta flava, and laminae).