



I'm not robot



I am not robot!

The others saw my rod bending, and the next moment they'd all flung their rods down and rushed round to me. In this deeply personal book, Tom explores the experiences that have shaped him and the qualities to which he owes his success. Tom Daley is one of the most beloved athletes of our time, having competed as a diver in four Olympics, garnering medals and finally, in Tokyo, winning gold. "Love wins." At the games in Tokyo, he triumphed to win gold and became the most orated British diver of all time. At the games in Tokyo, he triumphed to win gold and became the most orated British diver of all time. Tom Daley is one of the most beloved athletes of our time, having competed as a diver in four Olympics, garnering medals and finally, in Tokyo, winning gold. On Sale/10/ Format: Book Overview Author Info and Events. Inspiring, candid and compulsively readable, "Coming Up for Air" offers an intimate window into the life and mindset of an athlete and advocate who has left an indelible imprint on the sport. Candid and perceptive, Coming Up for Air offers a unique insight into the life and mindset of one of our greatest and most-loved athletes. Download PDF Coming Up for Air. DOWNLOAD EBOOK. "Worry is a prayer for bad things to happen." In this deeply personal book, Tom explores the experiences that have shaped him and the qualities that brought him success and joy—from the resilience he developed competing at a world level to the triumph of capturing the hearts of the nation with his unforgettable medal-winning performance in the London Olympics. In this deeply personal book, Tom explores the experiences that have shaped him and the qualities that brought him success and joy—from the resilience he developed competing at a world level to the triumph of capturing the hearts of the nation with his unforgettable medal-winning performance in the London Olympics. The same moment all of us gave a yell of agony This, in turn, will always lead to greater resilience and happiness." The line jerking and straining and a fish on the other end of it! by Tom Daley. In this deeply personal book, Tom explores the "Winning just feels like a natural extension of imagining that win." quotes from Tom Daley: 'The path to success is never linear', 'Perseverance is not just about 'sticking with it'; sometimes it's about knowing when to stop.' Coming Up for Air: What I Learned from Sport, Fame and Fatherhood. But few people know the realities of his life beyond the pool—his struggles, his secret triumphs and the mindset he needed to cultivate to become a champion. But few people know the realities of his life beyond the pool—his struggles, his secret triumphs and the mindset he needed to cultivate to become a champion. In this deeply personal book, Tom explores the experiences that have shaped him and the qualities that brought him success and joy—from the resilience he developed competing at a world level to the triumph of capturing the hearts of the nation with his unforgettable medal-winning performance in the London Olympics. Tom Daley captured the hearts of the nation with his unforgettable medal-winning performance in the London Olympics. "An illuminating look at what it takes to be an Olympian. In this story, passion reigns supreme." —Cosmopolitan "An Inspiring, candid and compulsively readable, Coming Up for Air offers an intimate window into the life and mindset of an athlete and advocate who has left an indelible imprint on the sport. Coming Up For Air. What I Learned from Sport, Fame and Fatherhood. At the games in Tokyo, he triumphed to win gold and became the most orated British diver of all time. But few people know the realities of his life beyond the pool, his struggles, his secret triumphs and the mindset he needed to cultivate to become a champion. Longlisted for Autobiography of the Year, Sports Book Awards The Instant Sunday Times Bestseller 'Honest and moving – everything a memoir should be' The Sun 'An illuminating look at what it takes to be an Olympian in this story, passion reigns supreme' Cosmopolitan A deeply personal and inspiring memoir from one of the most celebrated and influential names in British sport. Tom Daley captured the hearts of the nation with his unforgettable medal-winning performance in the London Olympics.