

This document provides guidance on effective communication using the R.A.D.A.R. For an easy way to start, download our PDF Template: Relationship RADARMultiamory Podcast site Subject polyamory Collection Relationship RADAR: Scrum After a whole year of experimenting with applying agile scrum to relationships, the Multiamory crew is proud to present our new and improved relationship check-in model: RADAR! Else the RADAR goes from a check-in to a very loaded conversation. What if you have a big fight or disagreement surrounding a RADAR? Multiamory+RADAR+TemplateFree download as PDF File.pdf), Text File.txt) or read online for free. Treat your partner with Compassion and Empathy. This Multiamory+RADAR+TemplateFree download as PDF File.pdf), Text File.txt) or read online for free. — Kate Loree, sex positive psychotherapist and author of Open Deeply: A Guide to Building Conscious, Compassionate Open Relationships Learn about the benefits of establishing a regular monthly check-in for your relationships, plus follow our easy step-by-step process for creating a safe, supportive, and productive way to foster intimate communication. This document provides guidance on effective communication using the Learn about the benefits of establishing a regular monthly check-in for your relationships, plus follow our easy step-by-step process for creating a safe, supportive, and productive Relationship RADAR: Scrum After a whole year of experimenting with applying agile scrum to relationships, the Multiamory crew is proud to present our new and Multiamory EpisodeRelationship RADAR: ScrumMultiamory EpisodeRelationship RADAR: ScrumDetails Don't "keep stuff for the RADAR". method Strategies, such as RADAR check ins, will be game changers in the relationships lucky enough to be touched by this book. This episode is all about troubleshooting when Multiamory EpisodeRelationship RADAR: Scrum () DateMain contributors: Multiamory Podcast, Emily, Dedeker, JaseMake a request that is not a demand or your ultimatum. Learn about the benefits of establishing a regular monthly check-in for your relationships, plus follow our easy step-by-step Nobody wants that. Here is After a whole year of experimenting with applying agile scrum to relationships, the Multiamory crew is proud to present our new and improved relationship check-in model How do you even begin to pitch RADAR check-ins to a partner? Keep communicating as much as you do. Your partner should feel free to say either "yes" or "no", or to negotiate the request.