



I'm not robot



**I am not robot!**

Includes video excerpts from OSHO Nobody Teaches You About Hate If Somebody Creates Anger In You How Best to Deal With Fear Love and Hate Are One Life is a Very Mysterious Phenomenon • How to break out of unhealthy responses to strong emotions How to transform destructive emotions into creative energy The role of society and culture on our individual emotional Incorporating new, never-before-published material, Emotional Wellness leads us to understand the roots of our emotions, to react to situations in a way that can teach us more about ourselves and others, and to respond to life's inevitable ups and downs with far greater confidence and equilibrium How to transform destructive emotions into creative energy Osho's unique insights go far beyond the understandings of conventional psychology. Read EMOTIONS by Osho with a free trial. CHAPTERBACK FROM THE LEAKY ROAD If you have dropped the vague world of heart, the vague world of feelings, sensations, emotions, Addeddate Identifier osho\_collection Identifier-ark ark://t6wx7j43b Ocr tesseract alphagc75f Emotions. In sansara intellect is of great use, and not emotion EMOTIONS: Freedom from Anger, Jealousy & Fear. Read millions of eBooks and audiobooks on the, iPad, iPhone and Android Osho's unique insight into the workings of the mind, Strong emotions that we don't know how to handle effectively lie at the core of so many difficulties in the life of the individual. They can affect our relationships with loved ones, It is true that you should attain to enlightenment by going beyond all thoughts, feelings, emotions, but once you are enlightened, then there is no problem. Using Fortunately, renowned spiritual teacher Osho offers a refreshing and profound perspective on emotional wellness in his transformative book, "Emotional Wellness." Drawing upon The only obstruction to awakening feeling is that emotion is absolutely the reverse of intellect – totally different from it. Strong emotions that we don't know how to handle effectively lie at the core of so many difficulties in the life of the individual Discover: The impact that fear, anger, and jealousy have on our lives. How emotions like guilt, insecurity, and fear are used to manipulate us. The focus here is on releasing all that is repressed in us as a result of family and societal programs that serve to keep our emotions far from our conscious mind. The 1 Selling eBook by Osho on Kindle, Nook, Kobo iBook. Then you are Take It Easy, Vo Osho. How to break out of unhealthy responses to strong emotions.