



I'm not robot



I am not robot!

Regulation by Opening and Activating Sinews, Stabilizing Spasms, Releasing Wind at Head Along with Upper Blocks. Manipulation is the main means of massage treatment, and its proficiency and how to properly use manipulation have a direct impact on the therapeutic effect. Tui Na is one of the oldest hands-on therapies that exist today and is used by one-fifth of the world's population. Tui Na is one of the oldest hands-on therapies that exist today and is used by one-fifth of the world's population. Asian body work. Tuina manipulation. I) Tuina manipulation. Using the hand or other parts of the body, according to a variety of specific skill movements, the method of operating on the body surface is called TUINA. This comprehensive introduction is written with the needs of the student and beginning TUI NA Techniques. This is a natural therapy with no side-effects and no interference with the body. In Tuina, three massage techniques are used, which are: the first technique is to massage the soft tissue and stimulate acupoints in the meridian system; the second technique is the joint mobilization, which Tuina-massage methods include a range of various techniques, such as soft tissue massage (muscles and tendons), acupressure to directly influence the flow of Qi, and manipulation techniques to realign the muscular-skeletal system (bone setting). Using the hand or other parts of the body, according to a variety of specific skill movements, the Key areas covered include: Principles and theory of Tui na practice, historical development of Tui na and its current development in the West, levels to treatment, yin and yang style Hands on Tui-Na Techniques. The massage techniques are typically performed through clothing course designed to introduce you to Tui Na massage and its related theories. This is a natural therapy with no side-effects and no interference. Background: Tuina massage is a traditional method used effectively in the treatment of various ailments in China since ancient time, and currently it is used around the world. Tui na: The Chinese Massage Manual provides a clear and complete introduction to the principles and practice of Tui na. The text is well-illustrated with clear photographs. Tuina-massage methods include a range of various techniques, such as soft tissue massage (muscles and tendons), acupressure to directly influence the flow of Qi, and Tuina, also known as Chinese massage, is one of the cornerstones of Chinese medicine. Regulation by Opening and Activating Sinews, Stabilizing Spasms, Releasing Wind at Head Along with Upper Blocks. The author describes the roots and development of Tui Na Technique. Every treatment modality has guiding technique for using it effectively. This guide will contain all of the instructions you will need to complete this course. Hands on Tui-Na Techniques. I) Tui na: The Chinese Massage Manual is a comprehensive and well established handbook for students and practitioners of Tui na in the West.