



I'm not robot



I am not robot!

Unique, *How to Eat* is the book that started it all—Nigella's signature, all-purpose cookbook, brimming with easygoing mealtime strategies and mouthwatering recipes, from a truly sublime Tarragon French Roast Chicken to a totally adent Chocolate Raspberry Pudding Cake. Firmly rooted in home cooking, part culinary manifesto and part evocation of the pleasures of eating, it has over three hundred and fifty recipes. More than that, it encourages us to see cooking in context and to acquire our own individual sense of what food is about. Nigella Lawson's first cookbook—a ground-breaking classic that helped define the way we eat—and a joyous celebration of home-cooked food, simply prepared and presented. In her warm, inviting, and inimitable first cookbook, *How to Eat*, she demonstrates how anyone can explore and savor the world of good food every day – whether it's fitting *How to Eat* is the book that started it all—Nigella's signature, all-purposed cookbook, brimming with easygoing mealtime strategies and mouthwatering recipes, from a 'At its heart, a deeply practical yet joyously readable book you are all set to head off to the kitchen and have a truly glorious time' Nigel Slater, *Guardian Revisit* and discover the *HOW TO EAT* is a book that wrests cooking back from the professional kitchens and the trendy menus to give confidence back to the ordinary, unexpert home cook. In her warm, inviting, and inimitable first cookbook, *How to Eat*, she demonstrates how anyone can Earthy, witty, and totally passionate about eating. British food phenomenon Nigella Lawson has taken North American kitchens by storm with the huge success of her television show, *Nigella Bites*. Everyday low *How to Eat* is the book that started it all—Nigella's signature, all-purpose cookbook, brimming with easygoing mealtime strategies and mouthwatering recipes, from a Containing not only hundreds of recipes and menus, this book on home cooking sets out to evoke the pleasures of eating, and to encourage readers to see cooking in the context Containing not only hundreds of recipes and menus, this book on home cooking sets out to evoke the pleasures of eating, and to encourage readers to see cooking in the context of their everyday lives. It covers kitchen basics, fast food, feeding Nigella Lawson's first cookbook—a ground-breaking classic that helped define the way we eat—and a joyous celebration of home-cooked food, simply prepared and presented. These books, and her TV series, have made her a household name around the world.