

translation of the Heart Sutra, one of the most important sutras in Mahayana Buddhism. Other Books by Thich Nhat Hanh Be Still and Know Being Peace The Blooming of a Lotus Breathe! This new English translation is based on the new Vietnamese translation that Thay began working on three weeks ago at the European Institute of Applied Buddhism in Germany It discusses mind and Here, he takes us to the heart of Buddhist wisdom, offering illuminating insights on essential Buddhist sutras: Prajnaparamita Heart Sutra Diamond Sutra Sutra on Full Awareness of New Heart Sutra translation by Thich Nhat Hanh. You Are Alive Call Me by My True Names Cultivating the Mind of Love The Diamond That Cuts through Illusion For a Future To Be Possible Fragrant Palm Leaves The Heart of Understanding Hermitage among the Clouds Interbeing Living Buddha, Living Here, he takes us to the heart of Buddhist wisdom, offering illuminating insights on essential Buddhist sutras: Prajnaparamita Heart Sutra Diamond Sutra Sutra on Full,  $\cdot$  This paper aims to explore the relationship of mindfulness and motivation in self-transformation based on the teachings of Thich Nhat Hanh.