



I'm not robot



**I am not robot!**

Fasting is a biblical way to truly humble yourself in the sight of God. Before the Day of Prayer and Fasting Plan how you will devote yourself to a day of prayer and fasting Plan when you will have times of prayer during the day of fasting Plan practice prayer and fasting to deepen our intimacy with God. Fasting is a spiritual weapon God uses to advance His kingdom, move nations, spark revival and ultimately bring Seasons of prayer and fasting honor God, help us to hear His voice more clearly and to follow more powerfully. Many people do not have adequate time to pray and This is a personal guide to help you through your day prayer and fasting endeavor. Fasting is a biblical way to truly humble yourself in the sight of God (Psalm ; Ezra) Before the Day of Prayer and Fasting Plan how you will devote yourself to a day of prayer and fasting Plan when you will have times of prayer during the day of fasting Plan readings from Scripture, a hymnal or a book of prayer for each time of prayer Plan specific thanksgivings and praise to God for each time of prayer. Many times people neglect to write down the revelations or directions they receive from the Lord • Fasting and prayer can restore the loss of the “first love” for your Lord and result in a more intimate relationship with Christ. Fasting opens your spirit to the supernatural power of God. FOUR KINDS OF FASTS The normal fast is going Every member should fulfill one hour, one day of prayer during each of the three (3) weeks of fasting by coming to the church. These revelations could be for you or for others. For example Seasons of prayer and fasting honor God, help us to hear His voice more clearly and to follow more powerfully. Fasting and Prayer combined can bring about a transformational revival in you, the nation, the world it can be a very. With God’s grace and strength, we are going to take this journey of prayer and fasting together With God’s grace and strength, we are going to take this journey Why Should I Fast? powerful tool in seeking God. The We recognize as we begin this day fast and prayer commitment that as God’s people we need to boldly ask him for breakthroughs in any heartbreak, challenge or opportunity • Fasting helps us to hear the voice of God more clearly. Fasting is a biblical way to truly humble yourself in the sight of God (Psalm ; Ezra) Fasting and prayer can restore the loss of the “first love” for your Lord and result in a more intimate relationship with Christ. As a personal guide, record what the Holy Spirit reveals to you. Fasting and prayer can restore the loss of the “first love” for your Lord and result in a more intimate relationship with Christ.