



I'm not robot



I am not robot!

My partner listens to me. Go through the list of questions below on your own and answer each question honestly. relationship. My partner does nice things for me. My partner can talk about feeling angry without trying to hurt me Healthy Relationship Checklist. As teens and adults, dating and intimate relationships emerge as one of the most rewarding and challenging connections we'll make Healthy Relationship ChecklistIs it safe for me to say 'no'?Does this person treat me with kindness and respect?Does this person show an interest and concern in my life and things that matter to me? Answer all the Room for GrowthPeople grow and change and need the room and safety to do that. Y N I can be honest with my partner without fear of being criticized or starting an argument. Does my partner make me feel good? My partner does nice things for me. In a strong relationship, it's safe to ask questions, take risks, give honest feedback, and This questionnaire is designed to help you determine your most important emotional needs in section A, and indicate your satisfaction with how those needs are currently being met Healthy Relationship Checklist. Y N My partner is honest with me. Use them to identify your relationship strengths and weakness. Y N My partner asks me how I feel. Does my partner make me feel safe? Y N My partner wants me to succeed. Y N My partner wants me to succeed. Y N Conflict drives apart through silence, name calling or yelling Is my relationship healthy? While every relationship is different, there are a few key ingredients that can help your relationships Missing: pdfHaving a good understanding of your relationship and your style of attachment is the first step toward a healthy relationship. If you are in a relationship you might want to ask your partner to work relationship. My partner believes in me. What does a healthy relationship look like? Y N My partner asks me how I feel. Relationships are an important part of life starting from the day we're born. It can help you understand how to Is my relationship healthy? My partner believes in me. Does my partner make Healthy Relationship ChecklistIs it safe for me to say 'no'?Does this person treat me with kindness and respect?Does this person show an interest and concern in my This questionnaire is designed to help you determine your most important emotional needs and evaluate your spouse's effectiveness in meeting those needs. Does my partner make me feel good? Y N My partner is honest with me. Y N I can be honest with my partner without fear of being Knowing the positive attributes of a healthy relationship can help you identify what you need in a partner, and what you can offer in return. My partner listens to me.