

RIPTIONCoconut milk is the liquid obtained by manual or mechanical extraction of comminuted coconut meat with or without, water. Unlike coconut water, Coconut milk is a plant-based alternative fortified with vitamins and calcium but is a source of saturated fat. According to Codex Standards for Aqueous coconut products (CODEX STAN), coconut milk should contain at least% fat, % non-fat solids, and % total solids proteins and DNA. The lipid pro files are not significantly affected by COCONUT MILK. The purpose of this milk is to address the Nutrition. 9, · The main components of coconut milk are water (ca%), fat and protein, whereas coconut water contains mainly water (ca%, Table 1). The composition of coconut milk depends on the amount of water used for the extraction, affecting significantly moisture and fat. Philippine Coconut Research and Development Foundation, Inc. (PCRDF). Coconut Hemp milk obtained from grounded hemp seeds is rich in omegaand omegafatty acids and vitamin E. Coconut milk extracted from coconut contains lauric acid and acts as Freshly extracted coconut milk has pH(slightly acidic) and coagulates when heated to °C. The protective effect of the phenolic extracts of the three coconut milk preparations on the oxidative stressinduced macromolecular damage was evaluated using Saccharomyces all coconut milk preparations provide protection against oxidative damage on lipids and inhibit oxidative damage of both. In a milliliter (ml) portion, coconut milk contains kilocalories and is% water,% total fat, 6% carbohydrates, and 2% protein (see table). This publication focuses on diluted coconut milk sold as a beverage instead of the more 1, This study aims at the production of coconut milk as a substitute for milk from cows (dairy milk) using mature coconut. The fat Coconut water should not be confused with coconut milk (Figurea), although some studies have used the two terms interchangeably (e.g., [4,5]). The aqueous part of the coconut endosperm is termed coconut water (Figureb), whereas coconut milk, also known as "santan" in Malaysia and Indonesia, and "gata" in the Philippines (Figurea), refers to the liquid products obtained by The present study was conducted to compare basic chemical composition and the nutritional impact of domestic coconut milk, powdered coconut milk, and liquid coconut milk. Typical Composition of COCONUT MILK *Source: Banzon, J.A., et al Coconut milk contains water and coconut cream—a concentrated form of coconut milk. t milk obtained from singlestage extraction, without added Typical Composition of COCONUT MILK *Source: Banzon, J.A., et alCoconut as Food. Unsweetened coconut milk is a low-calorie beverage Besides serving as a food ingredient, coconut milk is used for the production of virgin coconut oil (VCO), for which collapse of coconut milk emulsion is required. Quezon City, Philippines. COCONUT MILK and Its Processing Filtration: The extracted coconut milk is filtered using a vibro screen with a stainless filter of mesh or finer For coconut milk and cream products, fat content is the important criteria for categorization.