

Then it shows At the Heart of Leadership delivers a compelling case for leaders to attend to their own and their people's emotions as a critical asset for optimal performance. Then it shows you how. Then it shows you how Then it shows you how. You ll learn the Six Seconds EQ Model, a practical three-step process to become more effective with emotions plus use the code in the back of the book for a free At the Heart of Leadership delivers a compelling case for leaders to attend to their own and their people's emotions as a critical asset for optimal performance. You'll learn the Six Seconds EQ Model, a practical three-step process to become more effective with emotions - At the Heart of Leadership delivers a compelling case for leaders to attend to their own and their people's emotions as a critical asset for optimal performance. You will learn the Six Seconds EQ Model, a practical three-step process to become more effective with emotionsplus use the code in the back of the book for a At the Heart of Leadership delivers a compelling case for leaders to attend to their own and their people's emotions as a critical asset for optimal performance. Joshua Freedman. World-leading organizations, including the US Air Force, American At the Heart of Leadership delivers a compelling case for leaders to attend to their own and their people's emotions as a critical asset for optimal performance. With warmth and authenticity, he translates leading-edge science Introduction. Then it shows you how. Emotional intelligence (EQ) is emerging as a critical factor for sustaining high performance. "a breath of fresh air. Very enjoyable and it really works: A must read for every leader." Jimmy Daniel, Global Leadership Institute, FedEx Express At the Heart of Leadership delivers a compelling case for leaders to attend to their own and their people's emotions as a critical asset for optimal performance. Foreword by Peter Salovey. Then it shows This book shows us that leadership needn't be the purview of the few-it is within reach for millions around the world. This book will show you how to lead more effectively by engaging your own and your people's emotions. The Heart of Leadership is a road map for every person who At the Heart of Leadership is an outstanding and eminently practical guide for anyone who hopes to be a great mentor, to influence with integrity and to truly lead Emotional intelligence, Leadership Publisher San Mateo, CA: Six Seconds Collection internetarchivebooks; printdisabled; inlibrary Contributor Internet Archive Language English Item Size How to Get Results with Emotional Intelligence. Then it shows you how Joshua is one of the world's preeminent experts on developing emotional intelligence to improve performance. At the Heart of Leadership provides leaders with real world practical tools and knowledge needed to create a workplace that succeeds and more importantly, a workplace that At the Heart of Leadership delivers a compelling case for leaders to attend to their own and their people's emotions as a critical asset for optimal performance.