

Christian Paths to Health and Wellness (3rd ed) Select the department you want to search in Study with Quizlet and memorize flashcards containing terms like aesthetician, creation, evolutionist and more Buy Christian Paths to Health and Wellnessby Peter Walters: John Byl (ISBN:) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders Christian Paths to Health and Wellness Walters, Peter PhD ISBN Table of Contents Preface Acknowledgments Part I. Understanding Your Wellness and Mission ChapterValuing Wellness John Byl Creation Fall Redemption Fulfillment Next Steps Learning Tools ChapterGod's Purpose and Your Life's Mission John Byl and Thanks to the development of Christian Paths to Health and Wellness, instructors can empower students to take responsibility and initiative for their own health, fitness, and wellness as part of their daily lives--while offering that instruction in a Christian context Publisher of Health and Physical Activity books, articles, journals, videos, courses, and inars A Christian Guide to Body Stewardship, Diet and ExerciseChapterTraining for Endurance Walters, P., & Byl, J. ().