



I'm not robot



I am not robot!

To help you become the best-equipped parents possible, here is a complete first-year manual from the authors of *What to Expect When You're Expecting*, America's pregnancy bible. Includes thorough information on baby's monthly growth and development, feeding, sleeping habits, infant illnesses, and safety. Heidi Murkoff conceived the idea for *What to Expect When You're Expecting* during her first pregnancy, when she couldn't find answers to her questions in the books she'd turned to. Updated multiple times every year, America's pregnancy bible answers all your questions. This educational content is not medical or diagnostic. Whether you're a first-time parent or expecting your second or third child, "*What to Expect When You're Expecting*" remains an invaluable companion throughout the pregnancy journey. Filled with must-have information, practical advice, realistic insight, easy-to-use tips, and lots of reassurance, you'll also find the very latest on prenatal screenings, which The first year of newborn babies is exciting! 'Packed with helpful information for all parents, *What to Expect the First Year* is an invaluable companion to parents as they navigate the first months of their child's life.' The educational health content on *What To Expect* is reviewed by our medical review board and team of experts to be up-to-date and in line with the latest evidence-based medical information and accepted health guidelines, including the medically reviewed *What to Expect* books by Heidi Murkoff. Learn more about milestones and development, and what to look forward to during your little one's first year of life. With over million copies in print, *What to Expect the First Year* is the world's most popular baby guide. Includes thorough information on baby's monthly growth and development, feeding, sleeping habits, infant illnesses, and safety. Heidi Murkoff conceived the idea for *What to Expect When You're Expecting* during her first pregnancy, when she couldn't find answers to her questions in the books she'd turned to. How can I eat for two if I'm too queasy to eat for one? She is also the creator of and the *WhatToExpect* app, which reach over million expecting and new parents, and the *What to Expect* Foundation, a nonprofit organization dedicated to helping at-risk. With million copies in print, *What to Expect When You're Expecting* is read by % of women who read a pregnancy book and was named one of the 'Most Influential Books of the Last Years' by USA Today. Heidi Murkoff is the author of the *What to Expect*® series of pregnancy and parenting books. With its practical advice, expert guidance, and emphasis on maternal and fetal health, this book continues to be a go-to resource for millions of expectant. Heidi Murkoff is the author of the *What to Expect*(R) series of pregnancy and parenting books with over million copies in print. She is also the creator of and the *WhatToExpect* app, which reach over million expecting and new parents, and the *What to Expect* Foundation, a nonprofit organization dedicated to helping underserved families expect healthy. To help you become the best-equipped parents possible, here is a complete first-year manual from the authors of *What to Expect When You're Expecting*, America's pregnancy bible. When can I take an at-home a pregnancy test?