

Please refer to the charts At Tropical Smoothie Cafe®, we care about serving great-tasting food and smoothies that also have the right balance of health and nutrition, any smoothie and your choice of half sandwich (no flat breads, wraps or bowls) Sunrise Sunset strawberries, pineapples, mangos & orange juice Mango Magic mangos, pineapples, & non-fat yogurt Jetty Punch strawberries & bananas Bahama Mama strawberries, pineapples, white chocolate & coconut Peanut Butter Cup cal. Order online or find a location near you to enjoy the featured bowls, smoothies, and seasonal options Explore the bowls, smoothies, sandwiches, wraps and flatbreads at Tropical Smoothie Cafe. Find smoothies, wraps, sandwiches, salads, At Tropical Smoothie Cafe, we care about serving great tasting food & smoothies that also have the right balance of health and nutrition. Download the PDF file of the Tropical Smoothie Cafe menu from Shop FIU, a food service provider for Florida International University. Featuring our legendary smoothies and our sandwhiches, wraps, flatbreads and seasonal options Tropical Smoothie Cafe has an extensive smoothie menu as well as sandwiches, salads, and more. Menu. Smoothies and Food. HEALTH & NUTRITION GUIDE/25/17 Tropical Smoothie prices are competitive with rest of the smoothie industry. They offer four main categories of smoothies including Classic, Superfoods, Supercharged, and Indulgent. size. grilled parmesan, Chipotle Chicken Club. aple-Kissed Sweet PotatoesSubstituting plant-based protein for chicken increases calories byfor wraps, sandwiches & salads & byfo. Tropical Smoothie (also known as Tropical Smoothie Cafe) is a smoothie cafe chain specializing in a wide variety of smoothie flavors Explore the variety of smoothies, food, and bottled beverages at Tropical Smoothie Cafe. Gift Cards. Please refer to the charts below to choose the items that are right for you. Order online or find a location near you SMOOTHIE & A HALF! Please refer to the charts Savor the flavors all year long! Don't miss its low fat smoothies Nutritional information is based on the calculation when using the correct portioning of Tropical Smoothie Cafe's standard recipes. Nutritional Guide At Tropical Smoothie Cafe, we care about serving great tasting food & smoothies that also have the right balance of health and nutrition, quesadillas & flatbreads 1, to 1, calories a day is used for general nutrition advice for children ages 4-8 years and 1, to 2, calories a day Fresh, made to order smoothies, smoothie bowls, and more, packed with responsibly sourced, quality ingredients and good vibes. All regular smoothies come in aoz. Try sandwiches, flat bread, wraps, salads, breakfast. In addition to offering smoothies, Tropical Smoothie also has a full cafe menu which includes tacos, flatbreads, wraps Because our smoothies can be Tropical Smoothie Menu & Prices. Order online now from a Tropical Smoothie Cafe near you Cafe Menu Menu Varies ByOrder Tropical Smoothie Cafe. It's especially gluten-free and vegetarian-friendly Latest prices and the full Tropical Smoothie Cafe menu. Catering. Online Ordering. Nutrition Overview.