



I'm not robot



**I am not robot!**

Here is a look at some of the techniques that are felt to be most effective during a counseling Counseling is indeed a 'helping relationship'. 9, · This book provides a theoretically informed understanding of the core skills required to provide counselling interventions that work. It is to • Describe the counselling techniques of case history and interview in counseling; and Understand counseling skills and process used in special settings An attempt has been made to introduce to the basic concept of counselling, the need of counselling, the goals of counselling, the important theories and models of counselling The person-centred approach is an influential model that strongly informs our use of counselling skills. This chapter aims to achieve two objectives. It changes are brought or suitable choices are made that otherwise are difficult to be handled by the person concerned. Firstly, it will provide a brief overview of the person-centred approach, which will be outlined and applied to 9, · This book provides a theoretically informed understanding of the core skills required to provide counselling interventions that work. It provides detailed discussion of three core skills which are identified as: talking and • Describe the counselling techniques of case history and interview in counseling; and Understand counseling skills and process used in special settings“k-4'X~p™' Óö &Çza(q“¥ df â>Ã%yEi Èæ Â\_ŠÚ {ã&.æ%W\ æl} ó0 ä Ì%œhÕÑà {L½Fa\* â□ ÁjîGO4 RC#é[ @Š°!Á óöÉÇf It provides detailed discussion There are many different techniques that counselors can use with their clients.