



I'm not robot



I am not robot!

And while there's nothing wrong with good business, the problem is that giving too many fucks is bad for your mental health. It's not about avoiding failure, it's about getting better at failure. In my life, I have given a fuck about many people and many things. Give a fuck about having the right kind of selfie stick. It causes you to become overly attached to the superficial and fake, to dedicate your life to chasing a mirage of happiness and satisfaction. The key to a good life is not giving a fuck about more; it's giving a fuck about less, giving a fuck about only what is true and immediate and important. The Subtle Art of Not Giving a F**k is his antidote to the coddling, let's-all-feel-good mindset that has infected modern society and spoiled a generation, rewarding them with gold medals just for showing up. It's not about knowing everything, but becoming more comfortable in not knowing anything. I'll The Subtle Art of Not Giving a F**k is his antidote to the coddling, let's-all-feel-good mindset that has infected modern society and spoiled a generation, rewarding them with gold medals just for showing up. The Subtle Art is all about coming to terms with all of the inevitable unimportant imperfections in life and then choosing to not give a fuck about them. It causes you to become overly attached to the superficial and fake, to dedicate your life to chasing a mirage of a much-needed grab-you-by-the-shoulders-and-look-you-in-the-eye moment of real-talk, filled with entertaining stories and profane, ruthless humor, The Subtle Art of Not Giving A much-needed grab-you-by-the-shoulders-and-look-you-in-the-eye moment of real-talk, filled with entertaining stories and profane, ruthless humor, The Subtle Art of Not Giving Missing: pdf This belief that it's not okay to be inadequate sometimes is the source of the growing Feedback Loop from Hell that is coming to dominate our culture. It's about learning how giving too many fucks is bad for your mental health. giving too many fucks is bad for your mental health.