

or discussion or through the Twelve ConceptsEach chapter begins with a brief explanation of the step (or tradition or concept), foll. P, \$ Living the Legacies. "Living the Legacies" Discover ways to apply the Steps, Traditions and Concepts in our daily lives. ed by sharings from members. Unity through the Twelve Traditions. Each sharing includes questions. Recovery through the Twelve Steps. Reaching for Personal Freedom. Reaching for Personal Freedom Living the Legacies (P) A workbook for using Al-Anon's Twelve Steps, Traditions, and Concepts of Service in one's personal life, it provides insightful examples A workbook for using Al-Anon's Twelve Steps, Traditions, and Concepts of Service in one's personal life, it provides insightful examples from members and thought-provoking Reaching for Personal Freedom: A workbook for using Al-Anon's Twelve Steps, Traditions, and Concepts of Service in one's personal life, it provides insightful examples A workbook for using Al-Anon's Twelve Steps, Traditions, and Concepts of Service in one's personal life, it provides insightful examples A workbook for using Al-Anon's Twelve Steps, Traditions, and Concepts of Service in one's personal life, it provides insightful examples A workbook for using Al-Anon's Twelve Steps, Traditions, and Concepts of Service in one's personal life, it provides insightful examples from members and thought-provoking Reaching for Personal Freedom P, \$• Living the Legacies o Recovery through the Twelve Steps o Unity through the Twelve Traditions o Service through the Twelve "Reaching For Personal Freedom" TNDEX Reaching for Personal Freedom Free, no pre-registration, & open to all!