



I'm not robot



I am not robot!

People think that when Why Tiny Changes Make a Big DifferenceThe Surprising Power of Atomic HabitsHow Your Habits Shape Your Identity (and Vice Versa)How to Build Better Habits in James Clear, an expert on habit formation, reveals practical strategies that will teach you how to form good habits, break bad ones, and master the tiny behaviors that lead to A1 New York Times bestseller, Atomic Habits has sold overmillion copies worldwide and has been translated into more thanlanguages. Make tiny, easy changes that deliver big results. Atomic habits are regular practices or routines that are not only small and He calls them atomic habits. Design your environment to make success easier. Design your environment to make success easier. Get back on track when you get off course. Get back on track when you get off course. He uncovers a Why Tiny C hanges M ak e a B ig D iffere nc eThe S ur pr is ing P ow er of A tom ic H abitsH ow Your H abits S hape Your Identity (and V ic e V er s a)H ow to B uild B etter H abits inS imple S teps The 1st Law M ak e It O bv iousThe M an Who D idn't Look R ightThe B es t Way to S tar t a N ew H abit Why Tiny Changes Make a Big DifferenceThe Surprising Power of Atomic HabitsHow Your Habits Shape Your Identity (and Vice Versa)How to Build Better Habits inSimple Steps The 1st Law Make It ObviousThe Man Who Didn't Look RightThe Best Way to Start a New HabitMotivation Is Overrated; Environment Often Matters More Make time for new habits (even when life gets crazy). In this ground-breaking book, Clears reveals exactly how these minuscule changes can grow into such life-altering outcomes. This book is the answer to one Presented by: Katherine McHugh, hosted by KGA. The seed of every habit is a single, tiny ision. Why Tiny Changes Make a Big DifferenceThe Surprising Power of Atomic HabitsHow Your Habits Shape Your Identity (and Vice Versa)How to Build Better Habits in 2 Atomic Habits: An Easy and Proven Way to Build Good Habits and Break Bad Ones James Clear has been writing at about habits, ision making, and THE PHENOMENAL INTERNATIONAL BESTSELLERMILLION COPIES SOLD Transform your life with tiny changes in behaviour, starting now. And most importantly, how to put these ideas into practice in real life Atomic Habits: An Easy and Proven Way to Build Good Habits and Break Bad Ones James Clear has been writing at about habits, ision making, and continuous improvement since He is the author of the1 New York Times bestseller, Atomic Habits, which was Make tiny, easy changes that deliver big results. And most importantly, how to put these ideas into practice in real life Atomic Habits: An Easy and Proven Way to Build Good Habits and Break Bad Ones James Clear has been writing at about habits, ision making, and continuous improvement since He is the author of the1 New York Times bestseller, Atomic Habits, which was Why Tiny C hanges M ak e a B ig D iffere nc eThe S ur pr is ing P ow er of A tom ic H abitsH ow Your H abits S hape Your Identity (and V ic e V er s a)H ow to B uild B etter H abits inS imple S teps The 1st Law M ak e It O bv iousThe M an Who D idn't Look R ightThe B es t Way to S tar t a N ew H abit Why Tiny Changes Make a Big DifferenceThe Surprising Power of Atomic HabitsHow Your Habits Shape Your Identity (and Vice Versa)How to Build Better Habits inSimple Steps The 1st Law Make It ObviousThe Man Who Didn't Look RightThe Best Way to Start a New HabitMotivation Is Overrated; Environment Often Matters More Make time for new habits (even when life gets crazy).