



I'm not robot



**I am not robot!**

The place where hearts are always warm and the chicken is spiced just right. Collard Greens with Bacon. The fire in the Hole Sandwich, calories. Jollibee provides eleven (11) nutrition facts for each of our menu items including serving size, calories, total fat, saturated fat, trans fat, cholesterol, sodium, carbohydrates, dietary fiber, sugar and protein. The chicken tenders range from calories for apiece serving. Nutrition PDF Calories % Daily Value\*. Saturated Fat g 8%. However, this can vary depending on the size and weight of the Healthy Eating: Health Tips for Families. Dietary Fiber 7g%. View tips for building healthy eating habits in infants, toddlers, and preschoolers Caloriesg ProteinVitamins & Minerals. USDA, Food and Nutrition Service, Center for Nutrition Policy and Promotion Nutrition Facts. Kale Crunch Side. Red-skin Mashed Potatoes The Joella Sandwich, calories. HHS, Administration for Children and Families. Whether you have a gentler palate, or are Chicken at Joella's comes made to order, including your preferred spice level. Choose from Southern, Spiked Honey, Ella's Fave, Tweener, Hot, Ghost Pepper or the infamous Fire Welcome to Joella's Hot Chicken. Trans Fat 0g 5mg Cholesterol 2% Sodium mg% Total Carbohydrateg%. Choose from Southern, Spiked Honey, Ella's Fave, Tweener, Hot, Ghost Pepper or the infamous Fire In Da Hole, made with the Carolina Reaper, one of the hottest peppers in the world, and requires a waiver to eat it! Total Sugars 4g Includes 2g Added Sugars 4% Proteing Joella's Hot ChickenMiddletown in Louisville, KY, is a well-established American restaurant that boasts an average rating of stars. Kale Crunch Salad. Learn more about other diner's experiences at Joella's Hot ChickenMiddletown. The Nutrition Facts label must list: total fat, saturated fat, trans fat, cholesterol On average, a serving of grilled chicken tenders from Joellas Hot Chicken contains around calories. Cut Down on Added Sugars. Total Fat 4g 5%. Sandwiches are even more caloric since they feature fried chicken breast filets topped with various extras like pickles, slaw, comeback sauce, and honey hot sauce USDA, HHS. View printable brochures and handouts with healthy eating tips based on the Dietary Guidelines for Americans,, including: Build a Healthy Eating Routine. Provides nutrient-rich calories (kcal/mL) withg protein to help GAIN or MAINTAIN WEIGHT. Keep reading to learn more about the calorie, fat, The Nutrition Facts label can help you learn about the nutrient content of many foods in your diet. MyPlate Print Materials. Designed to provide The food is tasty but too greasy to not feel like I'm going to die while eating it Chicken at Joella's comes made to order, including your preferred spice level. Cheerwine BBQ, Gravy or Joella's Hot Sauce. NUTRITIONAL OVERVIEW MENU + INGREDIENTS SEASONAL OVERVIEW Ser vin g Size (g) Calories Calories from Fat Total Fat (g) Saturated Fat (g) Trans Fat (g) Sodium If you're watching your diet or calories, the nutrition information for Joella's menu items can help you make informed choices. Creamy Mac & Cheese. Today, Joella's Hot ChickenMiddletown opens its doors from AM to PM. Don't risk not having a table Heat Level. At Joella's, we'll spice our % antibiotic-free, hormone-free, all-natural chicken just the way you like – from just enough heat to bring out the flavors and warm your heart, to Fire-In Da-Hole, bless your heart Guests with egg allergies CAN enjoy these items: All of our chicken with any of our spice levels. Green Beans with Bacon.