

8 PhaseHistory Taking (For Practicum & Initial Learning) Ask partner for some general information about themselves to allow for rapport building in the practicum experience (5 minutes): What are some of your strengths, assets, and resources? An ability to conduct a comprehensive collaborative assessment of presenting problems and symptoms according to the adaptive information processing model, including the identification of: past significant traumas or adverse life events that have had a major impact and link with Listed below are PDF files of worksheets by EMDR Consulting to assist you in EMDR case conceptualization, processing, and integration. PhaseHistory-taking, case formulation and treatment planning. Presenting Issue (EMDR Reprocessing Specific): "Tell me what issue or situation you'd like to address?" • Review assessment scores and history from intake and sessions Identify triggers and reactions, negative cognitions, intrusive thoughts, coping behaviors and resilience Free Worksheets. Evaluate entire clinical picture, including attachment history, identifying developmental deficits and needed skills What are the reasons the client came for therapy? What are the client's goals? What are the client's symptoms? When did the symptoms start? What else was happening at the time? Evaluate entire clinical picture, including attachment history, identifying PhaseHistory Taking (For Clinical Use) Background: Intake information already used in your clinical setting, initial rapport building, obtaining client's understanding of trauma This EMDR PhaseHistory Taking Worksheet PDF can be downloaded and used with all your clients, giving them the ability to fill it out on a digital device or print it out History-Taking & Target Treatment Plan Explanation: When icky things happen that are too overwhelming for our brains to handle at the time, the memory gets stuck in what we PhaseHistory-taking, case formulation and treatment planning. We have also included our free "What is EMDR?" brochure, which you can print and freely redistribute to your clients What are the long-standing issues stemming from the client's history of developmental trauma? An ability to conduct a comprehensive collaborative assessment of presenting problems and symptoms EMDR was introduced as EMD in (Shapiro,) as a treatment for PTSD and was developed into the comprehensive therapy approach named EMDR Therapy over the PHASEEMDR-FOCUSED HISTORY. (contributing events) Have the symptoms changed? If so, how/when? Why did the client ide to come in now? *An alternate way to ask is "What are the things you have going for you, both internal and external?" PhaseHistory Taking (For Clinical Use) Background: Intake information already used in your clinical setting, initial rapport building, obtaining client's understanding of trauma and basic psychoeducation on trauma. What are the reasons the client came for therapy? What are the client's goals? What are the client's symptoms? When did the symptoms start? What else was PhaseHistory Taking (For Practicum & Initial Learning) Ask partner for some general information about themselves to allow for rapport building in the practicum experience (Missing: emdr What are the long-standing issues stemming from the client's history of developmental trauma? What are some of your strengths, assets, and resources?